



THE  
MELADON

BAR & BISTRO



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# STARTERS

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**HOMEMADE SOUP OF THE DAY**.....€6.95

Served with Dottie's Homemade Treacle Bread or Freshly Baked Rolls  
[WH1, MK, MD, CY]

**EAST COAST SEAFOOD CHOWDER**.....€9.50

Creamy Chowder with Salmon, Cod, & Smoked Haddock  
served with Dottie's Homemade Treacle Bread  
[WH1, FH, CS, MD, MK]

**THE PARK'S CHICKEN WINGS**.....€9.95

BBQ Glazed served with Celery, & Blue Cheese Dip  
[WH1, SY, MD, CY, MK]

**CHICKEN & MUSHROOM VOL AU VENT**.....€9.95

Chicken Tender Pieces & Forest Mushrooms in a Light Puff Pastry Case  
served with White Wine & Tarragon Sauce  
[WH1, MK, MD, SP]

**BAKED TIGER PRAWNS**.....€11.95

Served with Rich Pil Pil Sauce, & Focaccia  
[WH1, CS, MD, MK]

**PLANTBASED SOUTHERN FRIED GOUJONS**.....€10.50

Served with Seasonal Leaves, & BBQ Dip  
[WH1]

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# SALADS

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**TRADITIONAL SALAD NIÇOISE**

Steamed Fine Green Beans, Cherry Tomatoes, Baby Potatoes, Soft-Boiled Free-Range Eggs, Pitted Black Olives, & Salted Anchovies tossed in a Light Grain Mustard Dressing  
[FH, EG, MD, SP]

STARTER PORTION.....€9.95

MAIN COURSE.....€16.95

**CAPRESE SALAD**

Heirloom Tomatoes, Macroom Buffalo Mozzarella, & Fresh Basil topped with Crispy Pangritata  
[WH1, MK]

STARTER PORTION.....€9.95

MAIN COURSE.....€15.95

**THE PARK'S CLASSIC CAESAR SALAD**

Crisp Gem Lettuce, Crunchy Herb Croutons, & Parmesan Reggiano Shavings with Homemade Caesar Dressing  
[WH1, MK, EG, FH]

STARTER PORTION.....€9.95

MAIN COURSE.....€15.95

WITH CHICKEN.....€17.95

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# FLATBREADS

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**STONE BAKED SOURDOUGH FLATBREAD**

Served with Grated Buffalo Mozzarella, Roasted Tomato & Basil Sauce topped with Wild Rocket, & served with a Scoop of Skin on Fries

**THREE CHEESE & PESTO**.....€19.95

Mozzarella, Parmesan, & Cheddar  
[WH1, MK, SP]

**BLACK PUDDING, PORK SAUSAGE & MUSHROOM**.....€18.95

[WH1, MK, SP]

**VEGAN ROASTED VEGETABLE**.....€18.95

[WH1, SP]

## ALLERGEN INFORMATION:

WH1 Wheat Flour, EG Eggs, FH Fish, MK Milk, TN Tree Nuts, PN Peanuts, MS Molluscs, CY Celery, SE Sesame, SY Soya, MD Mustard, SP Sulphites, LP Lupin, CS Crustaceans

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# MAINS

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## 10OZ RIB EYE STEAK.....€32.95

Charred Irish Hereford Beef served with Balsamic Roasted Cherry Tomatoes, Grilled Flat Mushrooms, & Skin on Fries with a choice of Peppercorn Sauce, Garlic Butter, or Irish Whiskey & Mushroom Sauce

[WH1, EG, MD, SP]

## CHARRED 6OZ SIRLOIN STEAK CIABATTA.....€21.95

Served with Melted Onions, Crispy Rocket, & Skin on Fries

[WH1, EG, MD, SP]

## PLANTBASED STEAK.....€26.95

Served with Balsamic Roasted Cherry Tomatoes, Grilled Flat Mushrooms, Skin on Fries, & Garlic Mayo

[WH1, SP]

## THAI PENANG RED CURRY

Roasted Pepper, Red Onion, Courgette, Aubergine, Peanuts, & Coconut Cream served with Steamed Rice

[SY, MD, PN]

VEGETABLE.....€14.95

MARINATED CHICKEN.....€18.95

TIGER PRAWNS.....€21.95 [CS]

## SEARED SEABASS FILLET.....€24.95

Served with Fine Green Beans, Buttery Chorizo Champ, & Sunblush Tomato Pesto

[FH, MK, MD]

## PAN-SEARED FREE-RANGE CHICKEN SUPREME.....€20.95

Served with Clonakilty Pudding Potato Cake, Fine Green Beans, & Wild Mushroom Sauce

[WH1, MK, SP]

## BEER BATTERED FILLET OF HADDOCK.....€18.95

Served with Charred Lemon, Mushy Peas, Skin on Fries, & Tartare Sauce

[WH, EG, FH, SP]

## SOUTHERN FRIED CHICKEN FILLET BURGER.....€18.95

Served on a Toasted Brioche Bun, with Slaw & Skin on Fries

[WH1, EG, MK, SP]

## BACON & CHEESE BURGER.....€18.95

8oz Irish Beef topped with Knockanore Smoked Cheddar, Bacon, Mustard Aioli, & Slaw, all served on a Toasted Brioche Bun with Skin on Fries on the side

[WH1, EG, SY, MD, MK, SP]

## PLANTBASED SOUTHERN FRIED BURGER.....€18.50

Served on a Toasted Bun, with Rocket Salad & Skin on Fries on the side

[WH1]

## ROAST OF THE DAY.....€18.95

Available from 4.00pm - Please ask your server for Today's Option

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# SIDES

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## SKIN ON FRIES

€4.00

## CREAMED POTATO [MK]

€4.00

## COLESLAW [EG, MD]

€3.50

## CHORIZO & PARMESAN FRIES [MK, SP]

€6.00

## SEASONAL VEGETABLES [MK]

€4.50

## TOBACCO ONIONS [WH1, MK]

€3.50

## MIXED LEAF SALAD

€4.00

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# — SOMETHING SWEET —

Please ask your server for Today's Dessert Selection.....€7.95

IF YOU HAVE ANY DIETARY OR ALLERGEN REQUIREMENTS, PLEASE INFORM A MEMBER OF THE TEAM AND WE WILL DO OUR UTMOST BEST TO ACCOMMODATE YOUR NEEDS



THE PARK HOTEL  
DUNGARVAN | ★ ★ ★ ★